



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## Meriden YMCA Youth Basketball League Rules

Welcome to the **YMCA Youth Basketball League**! Our mission is to provide a fun, safe, and supportive environment where kids can learn and enjoy the game of basketball. To ensure everyone has the best experience possible, we ask all parents, players, and spectators to follow these rules and guidelines:

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### 1. Safety First

- **No Jewelry:** For the safety of all participants, jewelry of any kind (including earrings, necklaces, bracelets, and watches) is strictly prohibited during practices and games.
  - Proper athletic attire and footwear must be worn at all times.
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### 2. Sportsmanship & Respect

- **Respect Officials and Coaches:** All decisions made by referees are final. Disrespect, arguing, or profanity directed toward officials, coaches, players, or spectators will not be tolerated.
  - **Zero Tolerance for Profanity:** Any use of profanity by players, coaches, or spectators will result in immediate removal from the game and potential expulsion from the league.
  - **Positive Encouragement Only:** Cheer for all players and focus on fostering a supportive atmosphere.
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### 3. Learning & Fun

- The goal of this league is to teach kids the fundamentals of basketball, teamwork, and good sportsmanship.
- Winning is secondary to learning and enjoying the game.
- Encourage your child to try their best and to respect their teammates and opponents.

**MERIDEN-NEW BRITAIN-BERLIN YOUNG MEN'S CHRISTIAN ASSOCIATION, INC.**

**MERIDEN YMCA**  
110 West Main Street  
Meriden CT 06451  
203 235 6386  
[www.meridenymca.org](http://www.meridenymca.org)

**NEW BRITAIN-BERLIN YMCA**  
50 High Street  
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#### 4. Player Conduct

- Players must listen to their coaches and follow their instructions.
  - Show respect for teammates, opponents, and referees at all times.
  - Any intentional unsportsmanlike behavior may result in disciplinary action, including removal from the league.
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#### 5. Parental Guidelines

- Parents and spectators are not allowed on the court during games or practices.
  - Please refrain from coaching from the sidelines—leave that to the assigned coaches.
  - Address any concerns or questions to league Director in a respectful manner before or after games, not during.
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#### 6. Attendance

- Players are expected to attend practices and games regularly.
  - If your child cannot attend a game or practice, please notify the coach in advance.
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#### 7. Consequences for Rule Violations

- **First Offense:** Verbal warning.
  - **Second Offense:** Removal from the current game or practice.
  - **Third Offense:** Expulsion from the league.
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Thank you for your cooperation and for helping us create a positive and enjoyable experience for all participants. Let's work together to make this a great season for everyone!

**Maddy DeRita**  
**Youth Development Director**  
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