

2024 MOUNTAIN MIST BREAKFAST MENU

TWO WEEK CYCLE MENU

MON

TUE

WED

THU

FRI

WEEKS

6/17 - 6/21

Strawberry Poptart

Banana Bread

Cheez-It's

Cinnamon Bun

Banana Chocolate Bar

7/1 - 7/5

String Cheese

Raisins

Applesauce

Flavored Raisins

String Cheese

7/15 - 7/19

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

8/12 - 8/16

*Closed 7/4

MON

TUE

WED

THU

FRI

WEEKS

6/24 - 6/28

Honey Wheat Bar

Cheddar Chex Mix

Choc Chip Muffin

Banana Bread

Goldfish

7/8 - 7/12

String Cheese

Flavored Raisins

Applesauce

Flavored Raisins

String Cheese

7/22 - 7/26

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

Capri Sun 100% Juice

8/5 - 8/9

8/19 - 8/23

MILK IS AVAILABLE WITH EVERY MEAL!

This menu is subject to change based on food availability

In accordance with USDA regulations, meal modifications may be available to meet special dietary needs. For more information or translation service options, please call 203-630-4166 and ask to speak to one of our Registered Dietitians to see if your child is eligible.

This institution is an equal-opportunity employer.

2024 MOUNTAIN MIST LUNCH MENU

TWO WEEK CYCLE MENU

MON

TUE

WED

THU

FRI

WEEKS

6/17 - 6/21
7/1 - 7/5
7/15 - 7/19
7/29 - 8/2
8/12 - 8/16

Hot Dog on a Bun
Cheez-its
Fresh Veggie Cup
Fruit Choice
Capri Sun 100% Juice

Taco Meat & Cheese
Baked Tostitos Scoops
Corn & Salsa Cup
Fruit Choice
100% Juice Slushie

Pasta with Meat Sauce
Broccoli Florets
Fruit Choice
Capri Sun 100% Juice

Chicken Nuggets
Sliced Carrots
Mashed Potatoes
Fruit Choice
Capri Sun 100% Juice

Cheese Pizza
Fresh Veggie Cup
Fruit Choice
100% Juice Slushie

*Closed 7/4

MON

TUE

WED

THU

FRI

WEEKS

6/24 - 6/28
7/8 - 7/12
7/22 - 7/26
8/5 - 8/9
8/19 - 8/23

Chicken Patty on a Bun
Seasoned Wedges
Green Beans
Fruit Choice
Capri Sun 100% Juice

Taco Meat & Cheese
Baked Tostitos Scoops
Corn & Salsa Cup
Fruit Choice
100% Juice Slushie

Cheeseburger
Sliced Carrots
Baked Beans
Fruit Choice
Capri Sun 100% Juice

Chicken Nuggets
Broccoli Florets
Mashed Potatoes
Fruit Choice
Capri Sun 100% Juice

Cheese Pizza
Fresh Veggie Cup
Fruit Choice
100% Juice Slushie

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